

NORTH AND SOUTH CAROLINA NAR-ANON FAMILY GROUPS
MEETING LIST | UPDATED 8/9/2026 | * VIRTUAL/ONLINE MEETING **HYBRID - CONCURRENT ONLINE & IN PERSON

Find more online meetings across the fellowship open to all members. Visit <https://www.nar-anon.org/virtual-english> to find a day and time that works for you.

NORTH CAROLINA

Apex – meets in person

Tuesday 6:30 – 7PM Chat 7 – 8PM Meeting
United Church – 820 E. Williams St – Room 116
Email apexnaranon@gmail.com for more info

Asheville

***Monday** 7PM – meets online
Email ashevillevirtualnaranon@gmail.com for meeting link

Thursday 7PM – meets in person

Trinity United Methodist Church
1316D Patton Ave.
Email ashevillennaranon@gmail.com for more info and meeting link

Belmont – meets in person

First and Third Tuesdays 7PM
Lutheran Church of the Holy Comforter
216 North Main St.
Contact Danny 704.473.0927 for more info

Cary – concurrent online & in person

****Thursday** 7:30PM
White Plains United Methodist Church
313 SE Maynard Rd
Meets in Room C111
Email carynaranon@gmail.com for meeting info

Charlotte

***Saturday** - 6 PM – meets online
Email gwriter492@aol.com or eleniss@bellsouth.net for meeting info

Thursday – 7:30PM – meets in person

City Church Charlotte
2300 McClintock Road
Email CLTthursdayNFG@gmail.com or call John S.
(704) 281-6472 for more info

Durham – concurrent online-in person

****Monday** 8PM
Westminster Presbyterian Church
3639 Old Chapel Hill Road
Email naranondurham@gmail.com for meeting access info

Goldsboro – meets in person

Last Monday of the month 6:30PM
Goldsboro Family YMCA
1105 Parkway Dr.
Call Anita 919.223.4059 for more info

Greensboro

****Tuesday** 7:30PM – concurrent online & in person
In-person: First Friends Fellowship
2100 W. Friendly Ave., Greensboro, NC
Newcomers' meeting: 6:45 PM
On-line: GoToMeeting format
Newcomers' orientation at 7:15 PM
Email newwaynaranon@gmail.com for more info

Wednesday Noon – meets in person

Guilford United Methodist Church
1205 Fleming Rd, Greensboro, NC
Email newdirectionnaranon@gmail.com for info

Thursday 7PM – meets in person

Guilford United Methodist Church
1205 Fleming Rd, Greensboro, NC
Email newdirectionnaranon@gmail.com for info

High Point – meets in person

Monday 7PM
Forest Hills Presbyterian Church
836 W. Lexington Avenue
Email mnpeticord1@gmail.com for more info

Leland – meets in person

Thursday 7PM
Zion United Methodist Church
6864 Zion Church Rd
Call Gina 910.540.2915 for more info

Lewisville – meets in person

Monday 6:30PM
New Day Community Church
1111 Lewisville Clemmons Rd
Call Allison 336.416.3300 for more info

Matthews – meets in person

Tuesday 7:30PM
Matthews United Methodist Church
801 S. Trade St. – Room 209
Call Janet 980-245-8220 for more info

Morehead City – meets in person

Tuesday 6:30 PM
First Presbyterian Church
1605 Arendell St.
Call 252.808.5350 for more info

Otto/Franklin – meets in person

Tuesday 7PM Regular meeting
Hickory Knoll Methodist Church Fellowship Hall
86 E Hickory Knoll Rd, Franklin, NC
Contact Karen at 408-829-4452 for more info

Raleigh

***Monday 7PM –online & in person**

First Monday in person, other Mondays online
824 N Bloodworth St. (Corner Bloodworth &
Sasser - Enter door at top of stairs on Sasser St.)
Email Raleighnaranon@gmail.com for link.

****Tuesday 7:30PM – concurrent online-in person**

Rivertree Church
6894 Litchford Road
Contact Ira J. 919.210.9187 for more info

Wednesday 7:00 PM – meets in person

First Baptist Church (3rd floor – Room 318)
99 N. Salisbury St.
Text Cindy at 919.986.6399 for more info

Shelby - meets in person

Tuesday 6:30 PM

First Baptist Church
120 North Lafayette Street
Email ssbeam54@hotmail.com for more info

Wilmington – meets in person

Tuesday 7:00 PM

Masonboro Baptist Church – Youth Activity Center
1510 Beasley Rd.
Email Naranonwilmingtonnc@gmail.com for more info

Winston-Salem – meets in person

Monday 12 Noon

Mt. Tabor United Methodist Church
3543 Robinhood Rd
Email lisambonn@comcast.net for more info

Winterville – meets in person

Thursday 7:00 PM

Covenant Church
Building B Room 104
4015 Cory Road
Email ramvida@suddenlink.net for more info

SOUTH CAROLINA

Aiken – meets in person

Tuesday 6:30PM

St. John's Methodist Church – Cornerstone
Conference Room
104 Newberry St. NW
At door by fountain on Newberry St, call phone
numbers posted on door so it can be opened.
Email aikennaranon@outlook.com for more info

Greenville – meets in person

Saturday 10:30 AM

Pelham Road Baptist Church
1108 Pelham Road
Call Gloria 864.809.3215 for more info

Hilton Head – meets online

***Tuesday 6:30 PM**

Text or call Sherry 703.217.0259 for meeting info

Lugoff – meets in person

Tuesday 6:00 PM

Lugoff First Baptist Church
106 Long Town Road
House next to church, the Serenity House
For more info email deenaburr@yahoo.com

Rock Hill

Thursday 6:30 PM – meets in person

Northside Baptist Church (in Fellowship Hall)
1130 Curtis St.
Contact Dawn 803.693.2523 for more info

West Columbia – meets in person

First and Third Wednesday 5:00 PM

Mt Hebron Counseling Service
3156 Leaphart Road
Call 803-586-8205 to confirm meeting
Email 1colanaranon@gmail.com for meeting
access info

York – meets in person

Thursday 6:30 PM

Lifeway Church
114 South Congress Street
Email NaranonYorkSC@gmail.com or call Holly
803.627.3852 for more info



**To update meeting information or for
assistance contacting a group, please
email,**

naranoncarolinarsc@gmail.com

**For more information about Nar-Anon
Family Groups, visit our website at**

<https://carolina-naranon.org/>