

CNFG RSC Meeting Minutes
3:00PM Sunday
July 12, 2026

Roll Call

Members Present - Phil (chair), Susan (secretary), John (vice chair)
Doug (treasurer), Jean (home groups), Carol (website), Lisa GSR Winston Salem, Tina GSR
Charlotte Matthews, Sarah GSR Asheville Virtual Group

Consent minutes and agenda approval – 06.14.2026 minutes approved.

Current agenda approved.

Announcements – Mike the Carolinas Region Delegate and Outreach Chair has had to step down due to health issues. Charlotte group may have a candidate interested in the delegate position.

Reports

Treasurer- We currently have \$3,713.47 in the bank. Since the last update, we received \$90.00 and had expenses totaling \$232.40 (\$62.50 and \$169.90).

Here is the recent activity:

- 6/29/2026: Never Alone +\$90.00 (Balance: \$3,945.87)
- 07/09/2026: WSO -\$62.50 (Balance: \$3,883.37)
- 7/11/2026: Zoom -\$169.90 (Balance: \$3,713.47)

Tina reports they are expecting no required equalized expense contributions for the World Service Conference 2027 therefore the meeting will be virtual, and expenses will be minimal expenses.

Home groups – Jean reported two home groups closed (Kill Devil Hills and Rock Hill)- Unable to reach Emily with Rock Hill. We have a total of 33 Home groups
High Point group is struggling to fill GSR position.

Website – There were 238 visitors with 85 first time visitors and 2.92 page views per visit.

Outreach Committee- We will need a new chair for the Outreach Committee: Carol to review emails of others that are interested in serving.

Old Business:

Mid-summer workshop - Committee update – Jean reports they are meeting regularly and everyone is enthusiastic and working together.

Mid-summer workshop registration count – Carol reports there are 16 registered with half of them coming from the planning committee.

Preliminary Details for Fall Assembly and Workshop – Jean met the Raleigh Tuesday group at the church. Their group is small: therefore, they will need support from the Raleigh, Cary, and Apex groups for food and snacks. This will be a hybrid meeting with Zoom set up.

Phil suggested discussing RSC motions at the next RSC meeting.

Status of GSR Contact List – Phil reports 2 members are listed (Lisa/Tina). Sarah said she was unsure how the list would be used. Group clarified that the list is for GSRs to give and receive support from each other. It was suggested to discuss this at the workshop and fall assembly. Jean will add the existence of the list to the newsletter.

Lisa's GSR update: She says her family group appreciated the suggestions received at last month's meeting. They were able to have a group conscience meeting along with one-on-one meetings to provide guidance for service positions.

New Business:

2026 IWSC – Tina provided an overview of the conference. The full minutes can be accessed here: <https://nar-anon.org/wp-content/uploads/IWSC-2026-MINUTES-FINAL-APR-24-26-2026.pdf>

Region Instagram Site – Phil reported that the New Directions group in Greensboro was able to set up an Instagram account. It can be accessed here: <https://www.instagram.com/newdirectionnaranon>

Jean noted that the World Service has an Instagram page and the link is available on their website and Facebook/Instagram sites.

Minutes submitted by: Susan

Date: 08.06.2026

Next Meeting: Sunday, 3PM August 9, 2026 (Meeting to be led by John S.)