

Find more online meetings across the fellowship open to all members. Visit <https://www.nar-anon.org/virtual-english> to find a day and time that works for you.

## NORTH CAROLINA

### Apex – meets in person

**Tuesday** 6:30 – 7PM Chat 7 – 8PM Meeting  
United Church – 820 E. Williams St – Room 116  
Email [apexnaranon@gmail.com](mailto:apexnaranon@gmail.com) for more info

### Asheville

**\*Monday** 7PM – meets online

Email [ashevillevirtualnaranon@gmail.com](mailto:ashevillevirtualnaranon@gmail.com) for meeting link

**Thursday** 7PM – meets in person

Trinity United Methodist Church  
1316D Patton Ave.  
Email [ashevillennaranon@gmail.com](mailto:ashevillennaranon@gmail.com) for more info and meeting link

**Belmont** – meets in person

**First and Third Tuesdays** 7PM  
Lutheran Church of the Holy Comforter  
216 North Main St.  
Contact Danny 704.473.0927 for more info

**Cary** – concurrent online & in person

**\*\*Thursday** 7:30PM  
White Plains United Methodist Church  
313 SE Maynard Rd  
Meets in Room C111  
Email [carynaranon@gmail.com](mailto:carynaranon@gmail.com) for meeting info

### Charlotte

**\*Saturday** - 6 PM – meets online  
Email [gwriter492@aol.com](mailto:gwriter492@aol.com) or [eleniss@bellsouth.net](mailto:eleniss@bellsouth.net) for meeting info

**Thursday** – 7:30PM – meets in person

City Church Charlotte  
2300 McClintock Road  
Email [CLTthursdayNFG@gmail.com](mailto:CLTthursdayNFG@gmail.com) or call John S. (704) 281-6472) for more info

**Durham** – concurrent online-in person

**\*\*Monday** 8PM  
Westminster Presbyterian Church  
3639 Old Chapel Hill Road  
Email [naranondurham@gmail.com](mailto:naranondurham@gmail.com) for meeting access info

**Goldsboro** – meets in person

**Last Monday of the month** 6:30PM  
Goldsboro Family YMCA  
1105 Parkway Dr.  
Call Anita 919.223.4059 for more info

### Greensboro

**\*\*Tuesday** 7:30PM – concurrent online & in person  
In-person: First Friends Fellowship  
2100 W. Friendly Ave., Greensboro, NC  
Newcomers' meeting: 6:45 PM  
On-line: GoToMeeting format  
Newcomers' orientation at 7:15 PM  
Email [newwaynaranon@gmail.com](mailto:newwaynaranon@gmail.com) for more info

**Wednesday** Noon – meets in person

Guilford United Methodist Church  
1205 Fleming Rd, Greensboro, NC  
Email [newdirectionnaranon@gmail.com](mailto:newdirectionnaranon@gmail.com) for info

**Thursday** 7PM – meets in person

Guilford United Methodist Church  
1205 Fleming Rd, Greensboro, NC  
Email [newdirectionnaranon@gmail.com](mailto:newdirectionnaranon@gmail.com) for info

**High Point** – meets in person

**Monday** 7PM  
Forest Hills Presbyterian Church  
836 W. Lexington Avenue  
Email [mnpeticord1@gmail.com](mailto:mnpeticord1@gmail.com) for more info

**Leland** – meets in person

**Thursday** 7PM  
Zion United Methodist Church  
6864 Zion Church Rd  
Call Gina 910.540.2915 for more info

**Lewisville** – meets in person

**Monday** 6:30PM  
New Day Community Church  
1111 Lewisville Clemmons Rd  
Call Allison 336.416.3300 for more info

**Matthews** – meets in person

**Tuesday** 7:30PM  
Matthews United Methodist Church  
801 S. Trade St. – Room 209  
Call Janet 980-245-8220 for more info

**Morehead City** – meets in person

**Tuesday** 6:30 PM  
First Presbyterian Church  
1605 Arendell St.  
Call 252.808.5350 for more info

**Otto/Franklin** – meets in person

Tuesday 7PM Regular meeting  
Hickory Knoll Methodist Church Fellowship Hall  
86 E Hickory Knoll Rd, Franklin, NC  
Contact Karen at 408-829-4452 for more info

## Raleigh

### **\*Monday 7PM** –online & in person

First Monday in person, other Mondays online  
824 N Bloodworth St. (Corner Bloodworth &  
Sasser - Enter door at top of stairs on Sasser St.)  
Email [Raleighnaranon@gmail.com](mailto:Raleighnaranon@gmail.com) for link.

### **\*\*Tuesday 7:30PM** – concurrent online-in person

Rivertree Church  
6894 Litchford Road  
Contact Ira J. 919.210.9187 for more info

### **Wednesday 7:00 PM** – meets in person

First Baptist Church (3<sup>rd</sup> floor – Room 318)  
99 N. Salisbury St.  
Text Cindy at 919.986.6399 for more info

### **Shelby** - meets in person

**Tuesday 6:30 PM**  
First Baptist Church  
120 North Lafayette Street  
Email [ssbeam54@hotmail.com](mailto:ssbeam54@hotmail.com) for more info

### **Wilmington** – meets in person

**Tuesday 7:00 PM**  
Masonboro Baptist Church – Youth Activity Center  
1510 Beasley Rd.  
Email [Naranonwilmingtonnc@gmail.com](mailto:Naranonwilmingtonnc@gmail.com) for more info

### **Winston-Salem** – meets in person

**Monday 12 Noon**  
Mt. Tabor United Methodist Church  
3543 Robinhood Rd  
Email [lisambonn@comcast.net](mailto:lisambonn@comcast.net) for more info

### **Winterville** – meets in person

**Thursday 7:00 PM**  
Covenant Church  
Building B Room 104  
4015 Cory Road  
Email [ramvida@suddenlink.net](mailto:ramvida@suddenlink.net) for more info

## **SOUTH CAROLINA**

### **Aiken** – meets in person

**Tuesday 6:30PM**  
St. John's Methodist Church – Cornerstone  
Conference Room  
104 Newberry St. NW  
At door by fountain on Newberry St, call phone  
numbers posted on door so it can be opened.  
Email [aikennaranon@outlook.com](mailto:aikennaranon@outlook.com) for more info

### **Greenville** – meets in person

**Saturday 10:30 AM**  
Pelham Road Baptist Church  
1108 Pelham Road  
Call Gloria 864.809.3215 for more info

### **Hilton Head** – meets online

**\*Tuesday 6:30 PM**  
Text or call Sherry 703.217.0259 for meeting info

### **Lugoff** – meets in person

**Tuesday 6:00 PM**  
Lugoff First Baptist Church  
106 Long Town Road  
House next to church, the Serenity House  
For more info email [deenaburr@yahoo.com](mailto:deenaburr@yahoo.com)

### **Murrells Inlet** – meets in person

**Tuesday 7:00 PM**  
Low Country Community Church  
4430 Murrells Inlet Road  
Call/text Wallace 803.445.4003 for more info

### **Rock Hill**

**Thursday 6:00 PM** – meets in person **New meeting**  
Cultivate Church Multipurpose Center  
1025 Saluda St.  
Call Emily 704) 840-2199 for more info

### **West Columbia** – meets in person

**First and Third Wednesday 5:00 PM**  
Mt Hebron Counseling Service  
3156 Leaphart Road  
Call 803-586-8205 to confirm meeting  
Email [1colanaranon@gmail.com](mailto:1colanaranon@gmail.com) for meeting  
access info

### **York** – meets in person

**Thursday 6:30 PM**  
Lifeway Church  
114 South Congress Street  
Email [NaranonYorkSC@gmail.com](mailto:NaranonYorkSC@gmail.com) or call Holly  
803.627.3852 for more info



**To update meeting info or assistance  
contacting a group, please email**

**[naranoncarolinarsc@gmail.com](mailto:naranoncarolinarsc@gmail.com)**

**Website: <https://carolina-naranon.org/>**