

**CNFG RSC Meeting Minutes**  
**3:00PM Sunday**  
**March 08, 2026**

**Roll Call**

**Members Present** - Phil (chair), John (vice-chair) Jean (secretary), Doug (treasurer), Carol (website)

**Members Absent** –Mike (delegate)

**Nar-Anon members present** - Lisa (GSR, Winston-Salem), Tina (GSR Charlotte and Matthews), Susan V. (New RSC secretary pending vote at March Assembly)

**Consent minutes and agenda approval** – 02.08.26 minutes approved. Current agenda approved.

**Announcements** - Phil and Susan reported that Black Balloon Day on Friday in Greensboro was a successful Outreach event. They gave out 74 Nar-Anon flyers.

**Reports**

**Treasurer's report** - Doug reported a current balance of \$2822.82.

**Home groups** - Jean reported that the region currently has 36 groups.

**Website** – Carol reported that in the last month, the website had 213 visitors to the website, including 73 first time views.

**Outreach Committee**- None...Mike not in attendance.

**Old Business**

**March 28th Spring Workshop and Assembly Details -**

- **Workshop Committee** - Jean reported that the committee has met twice and are working on questions for participants to discuss in small groups and then present to all. All questions relate to information that can be found in the GLS. John volunteered to print off 10 copies of the GLS for participants to share.
- **Facility, food, refreshment** - John shared a photo of the room and said that tables and chairs are available. Group suggested fruit, coffee, hot water/tea, muffins, candy as munchies to begin, salad and pizza for lunch. Jean and Carol offered to bring salads or anything else that John should need. John will reach out to RSC to let others know what additional help he needs.

- **Assembly Agenda** - Finalized today. Jean will send to the GSRs.
- **Assembly Reports** - Reports are due to the RSC by Friday, March 13. Jean will send to the GSRs by March 15.
  - Regional Budget Report - Doug
  - Home Groups -Jean
  - Outreach - Mike
  - Website - Carol
  - Delegate - Mike

**Minutes submitted by:** Jean

**Date:** 03.09.26

**Next Meeting:** Sunday, 3PM April 12, 2026