

CNFG RSC Meeting Minutes
3:00PM Sunday
February 08, 2026

Roll Call

Members Present - Phil (chair), Jean (secretary), Doug (treasurer), Carol (website), Mike (delegate)

Members Absent –John (vice-chair)

Nar-Anon members present - Lisa (GSR, Winston-Salem), Tina (GSR Charlotte and Matthews), Susan V. (New RSC secretary pending vote at March Assembly)

Consent minutes and agenda approval – 01.11.26 minutes approved. Current agenda approved.

Announcements - GSR Introductory Meeting conducted today at 2PM. Phil, Carol, Susan, Doug and Jean met with the new Asheville virtual meeting GSR, Sarah, to introduce the RSC and it's function and to review the GLS located at www.nar-anon.org (under members/service literature) and it's usefulness as a resource for groups.

Reports

Treasurer's report - Doug reported a current balance of \$2875.00. He also reported that he sent John (vice-chair) \$200.00 for expenses related to the March 28 assembly in Charlotte. John will submit receipts and any remaining monies after the assembly.

Home groups - Jean did not give a report at the meeting but confirmed after the meeting that the region currently has 36 groups.

Website – Carol reported that in the last month, the website had 252 visitors to the website, 557 page views, 82 first time views...and 9 new visitors today..

Outreach Committee- Mike is working on an email to send out to convene the first meeting for this committee. He hopes to have something to report at the March RSC meeting.

Old Business

March 28th Spring Workshop and Assembly Details -

- **Flyer** - Carol waiting on details about workshop and speaker before developing the Assembly flyer.
- **Identify Speaker** - Tina willing to be the speaker and will discuss with John.
- **Workshop Committee** - Jean will send out email this week to convene the committee and decide on topic.
- **Assembly Agenda** - Phil will do. Mike suggested to include the WSO's Financial Health Report and how important recurring contributions are.
- **Assembly Reports Due March 8 -**
 - Budget - Doug
 - Home Groups - Jean
 - Outreach - Mike
 - Website - Carol
 - Delegate - Mike

Continue to recruit for new Alternate Delegate - Tina suggested that we let the region fellowship know that anyone interested in learning more about what goes on at the IWSC or WSC can register to attend as an observer.

Minutes submitted by: Jean

Date: 02.09.26

Next Meeting: Sunday, 3PM March 8, 2026