

CNFG RSC Meeting Minutes
3:00PM Sunday,
August 10, 2025

Roll Call

Members Present - Phil (chair), John (vice-chair), Jean (secretary), Doug (treasurer), Carol (website)

Members Absent – Mike (delegate)

Nar-Anon members present - Lisa (GSR, Winston-Salem)

Consent minutes and agenda approval – July 13, 2025, minutes approved. Current agenda approved.

Housekeeping - Agreed to invite any new group GSRs to an introductory meeting with the RSC at 2:30PM Sundays prior to the scheduled RSC meeting. Purpose of the meeting is to briefly review the GLS and answer any questions. John is the new group contact/mentor for the RSC and will set up the meeting and inform the RSC. If the 2:30 time does not work for any reason, John will arrange an alternate time and invite RSC members to attend as available. Jean will forward GSR contact information for the new group in Rock Hill, SC to John.

John reported he is continuing to work with individuals in Fayetteville and Mt. Ulla, NC. who are interested in starting a group.

Carol shared that the Global Online Region is holding a series of helpful workshops on the first Saturday of each month (including a workshop on how to hold a business meeting) and encouraged all to take a look.

Reports

Treasurer's report - Doug reported (via email) a balance of \$3,410 with \$50.00 deposit from the Raleigh Monday Night NFG since the last report. The only payment from the RSC account was \$62.50 (monthly) to the WSO.

Home groups - Jean reported the Elizabeth City NFG closed. A new meeting opened in Rock Hill. Jean has sent the welcome email to the Rock Hill group but is waiting to confirm a contact phone or email to post on the region website. The region currently has 35 groups.

Website – Carol reported 201 visitors (up from 192 last month)) to the website. 75 of those visitors were first time visitors.

Outreach - Monica R. reported via email that she is the chair of the Outreach Committee and will begin planning the next meeting soon. The RSC agreed that a dedicated outreach email address is needed. Carol will set up the email and that will become the contact email for Monica, and we will add her to the RSC contacts.

Old Business

Fall Workshop and Assembly in Greensboro on Oct. 11th -

- Agreed on two workshop topic suggestions - “service as a tool of recovery” or “what does it mean to work the steps” to share with the Workshop Planning Committee (WPC). The WPC can choose one of those topics or suggest another topic to develop.
- Jean will send out an email to past Workshop Planning Committee members and others who may be interested in attending an initial meeting.
- Phil reported that a speaker for the assembly has been found. Her name is Caroline, and she attends the New Way NFG in Greensboro.

New Business:

- **Google files** - Jean will share the list of meetings with all RSC members.
- **Narateen process for starting a meeting** - Jean shared the information from the GLS. It is a complex process. Decided to begin floating the idea of a virtual region Narateen meeting in the monthly newsletter and see if there is interest. If there is interest, the first step in forming a Narateen group is electing a Narateen Process Person (NTPP) in the region assembly.

Next Meeting - Sunday, September 14, 2025, 3PM

Minutes submitted by Jean 08.11.25