

CNFG RSC Meeting Minutes
3:00PM Sunday,
July 13, 2025

Roll Call

Members Present - Phil (chair), John (vice-chair), Jean (secretary), Doug (treasurer), Mike (delegate), Carol (website)

Members Absent – None

Nar-Anon members present - Tina K. (Charlotte), Monica (Raleigh-Tuesday Night)

Consent minutes and agenda approval – June 08, 2025, minutes approved. Current agenda approved.

Housekeeping - Phil brought up that the region's suggestion for a Common Welfare Topic for the interim WS conference is due November 25. All agreed that this request had already been put before the region, and we should stay with the agreed upon topic, Communication. Mike will submit the topic.

Commented [1]:

Reports

Treasurer's report - Doug reported a balance of \$3,359.00 with \$70.00 in total deposits from the home groups since the last report. Payments from the RSC account included \$62.50 (monthly) to the WSO and \$159.00 annual payment to Zoom.

Home groups - Jean reported no changes. The region currently has 35 groups.

Website – Carol reported 192 visitors (69 first time visitors) to the website.

Old Business

• **Report on Region Outreach Workshop today** - There were 13 attendees out of the 21 who registered. Carol shared the Service-Learning PowerPoint, and we reviewed the Outreach resources available on the Nar-Anon website. Participants shared their own outreach efforts. Six participants volunteered to be a part of the new Regional Outreach Committee: Dianne C., Monica R., Nick V., Mike L., Alicia R., and Carol M. Carol agreed to send out a notice to find a convenient time for the group to convene for their first meeting.

Commented [2]:

• **Fall Workshop and Assembly location** - Still searching. Lisa emailed earlier to say the Winston-Salem group has not been able to find a location to host the assembly. Phil agreed to look in Greensboro for a suitable location and will report back to the group.

Commented [3]:

New Business:

• **RSC Retreat** - There was a discussion about what the focus of the retreat would be. Growing the region was one suggestion, but there was no consensus on the usefulness of a retreat at this time. Idea tabled for now.

• **Assembly Workshop ideas** - Ideas included "Service as a tool of recovery" and "What does it mean to work the steps." There was lots of enthusiasm for a workshop on the steps.

Next Meeting - Sunday, August 10, 3PM

Minutes submitted by Jean 07.14.25