

CNFG RSC Meeting Minutes
3:00PM Sunday, June 08, 2025

Roll Call

Members Present - Phil (chair), John (vice-chair), Jean (secretary), Doug (treasurer), Mike (delegate), Carol (website)

Members Absent – None

Nar-Anon members present - Tina K. (Charlotte), Lisa (Winston-Salem), Monica (Raleigh-Tuesday Night)

Consent minutes and agenda approval – May 11, 2025, minutes approved. Current agenda approved.

Housekeeping - Phil brought up the idea of an in-person RSC retreat. All agreed. Maybe 10 AM-3 PM with a specific focus, such as the Concepts, growing our fellowship, etc.

Carol and John will work together to set up a Vice-Chair email address, and the vice-chair will send out a blurb about the availability of on-line meetings and encourage starting a meeting in your area if there is not one.

Also discussed approving the minutes prior to the next meeting, so they can be available sooner to the fellowship. All agreed, but the following month's minutes will document the date the previous month's minutes were approved.

Reports

Treasurer's report - Doug reported a balance of \$3,025.99.

Home groups - Jean reported no changes. The region currently has 35 groups.

Website – Carol reported 159 visitors (64 first time visitors) to the website.

Old Business

- **Update on forming a Region Outreach Committee** - Carol, Phil, Tina, and Jean have met and come up with an agenda for an on-line Outreach Workshop to be held on Sunday, July 13th from 1:30-3PM. An email and flyer will go out this week to GSRs. ALL in the region are invited to attend.
- **Brainstormed ways to getting more GSRs involved and attending the Assembly** - ideas included: RSC members attending different meetings and introducing ourselves and talk about the support the RSC offers, and educating groups on the duties of GSRs. Also, it was noted that the issue of low GSR participation is a problem in other regions and pointed out that the participation level in the Carolina region continues to move in a positive direction, so progress is being made.
- **Discussed and approved new procedures at the Regional Assemblies-**
 1. All motions to be voted on must be submitted to RSC 45 days prior to Assembly.
 2. RSC must send motions out to all the region's Nar-Anon Family Group GSRs by 30 days prior to Assembly so GSRs can get their home group conscience.
 3. Nominations for Regional office positions and Delegate/alternate Delegate are the only exceptions; they may be made at the Assembly.
 4. GSRs are the only individuals allowed to be in discussion at assembly.Jean will send out these changes in the July Region Newsletter.

New Business:

- **Discussed location of the Fall Assembly** - Phil suggested the Triad area of NC (Greensboro, Winston-Salem, High Point). Lisa attends the Winston-Salem meeting and will bring the idea of hosting up with her group and report back to the RSC.
- **Discussed progress of indexing the Serenity Connection** - Mike reported that Robert P. with the Western Regions has created an index to all the issues of the Serenity Connection. He has also created a simplified index to Nar-Anon literature. Although these are not available on the WSO website, Mike shared these links with the RSC.

Serenity Connection- <https://sites.google.com/nar-anon.org/wrcnfg/service/newsletter>
Nar-Anon Literature - <https://sites.google.com/nar-anon.org/wrcnfg/literature>

Next Meeting - Sunday, July 13, 3PM
Minutes submitted by Jean -06.09.25