

**Carolina Nar-Anon Regional Assembly**  
**2 PM October 19, 2024 Via Zoom and In-Person**  
**Zion United Methodist Church**  
**6864 Zion Church Road. NE**  
**Leland, NC 28451**

**Business Meeting Minutes**

**Roll Call**

**RSC Members Present-** Phil B. (chair), Jean H-J. (secretary), Doug H. (treasurer), Carol M. (website committee), Mike L. (delegate)

**RSC Members Absent-** none

**Voting GSRs: Total 8** Alicia R. (Wilmington), Carol M (sub)(Durham Beta Group), Gina C. (Leland), John S. (Matthews), Melanie M. (Raleigh, Monday Night), Nick V. (Greensboro -New Directions), Fred S. (Lewisville) on-line participant, Janet S. (Greensboro-New Way), on-line participant.

**March 16, 2024 Assembly Minutes:** Approved

**Current Agenda:** Approved.

**REPORTS** - Written reports were distributed via email prior to the meeting and were briefly summarized during the meeting.

**Treasurer Report** - Doug submitted a written report dated 10.12.24 showing a balance of \$3,122.49. Hard copies of this report were also distributed at the meeting to in-person attendees.

**Home Groups Report** - Jean summarized her written report dated 10.07.24 that listed 34 total groups in the region - 30 of those are in person. West Columbia, SC opened in October, 2024.

**Website Report** - Carol talked briefly about the website and shared her report showing website activity.

**Delegate Report** - Mike shared a verbal report about the virtual Interim World Service Conference (IWSC) that he attended in April, 2024.

**NEW BUSINESS:**

- 1. Call for nominations and vote for region vice-chair and region alternate delegate** - No names submitted.
- 2. Vote of endorsement for Carolina Region delegate, Mike L. (elected in Feb. 2023) to attend the 2025 World Service Conference-** Unanimous vote of endorsement.
- 3. Motion and call for vote to approve the three Common Welfare Topics: Service, Financials, and Communication for consideration at the April 2025 WSC** - Motion passed unanimously.
- 4. Discussion and selection of 7th Tradition Contributions** - Mike presented a PowerPoint about the 7th Tradition contributions of service, ideas and money. He pointed out the importance of having a clear understanding among the fellowship of the sources, uses and flow of the financial contributions. He challenged the region to make the Carolina Region a model of Tradition 7 (people ideas and money).
- 5. Updates from the GSRs** - GSRS shared information about their meetings regarding attendance, successes and challenges. In general, attendance at most meetings has remain steady and showing some slight increases in growth. Wilmington and Greensboro do outreach activities in their communities (Wilmington participated in an Overdose Prevention event) and Greensboro visits a Treatment Center monthly.). Several GSRs expressed frustration about the shipping costs of Nar-Anon literature and wondered if there was a less expensive way of getting literature to the meetings.

**Minutes submitted by Jean 10.24.24**