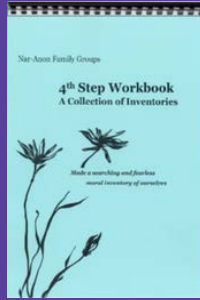


Uncover Discover Recover



Rocky
Mountain
Region



Using the Nar-Anon 4th Step Workbook

Each session is two (2) hours in length

MAY
17

8a PT | 9a MT | 10a CT | 11a ET

Introduction
How to use the Workbook
Fear Inventory

MAY
18

11a PT | 12p MT | 1p CT | 2p ET

Credit and Debit Inventory
Personal Safety Questions

MAY
31

7a PT | 8a MT | 9a CT | 10a ET

Quick Inventories
Freestyle Inventory

JUNE
1

11a PT | 12p MT | 1p CT | 2p ET

Relationship Inventories
Behavior, Change, and Characteristics

JUNE
21

8a PT | 9a MT | 10a CT | 11a ET

Relationship Inventories - Patterns
Ideal, Attitude, Attraction to a Romantic
Partner, and Sexuality and Gender Roles

JUNE
22

11a PT | 12p MT | 1p CT | 2p ET

Resentment Inventory Chart

Join us for any or
all the workshops!

Held in the RMR
[Virtual Meeting
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