

NORTH AND SOUTH CAROLINA NAR-ANON FAMILY GROUPS  
MEETING LIST | UPDATED 2/17/2025 | \*INDICATES VIRTUAL/ONLINE MEETING

Find more online meetings across the fellowship open to all members. Visit <https://www.nar-anon.org/virtual-english> to find a day and time that works for you.

### NORTH CAROLINA

#### Apex – meets in person

**Tuesday** 6:30 – 7PM Chat 7 – 8PM Meeting  
United Church – 8  
20 E. Williams St – Room 116  
Email [apexnaranon@gmail.com](mailto:apexnaranon@gmail.com) for more info

#### Asheville – **New Location**

\***Monday** 7PM – meets online  
**Thursday** 7PM – meets in person  
Trinity United Methodist Church  
1316D Patton Ave.  
Email [ashevillenaranon@gmail.com](mailto:ashevillenaranon@gmail.com) for more info and meeting link

#### Belmont – meets in person

**First and Third Tuesdays** 7PM  
Lutheran Church of the Holy Comforter  
216 North Main St.  
Contact Danny 704.473.0927 for more info

#### Cary – meets in person and online

\***Thursday** 8PM  
Greenwood Forest Baptist Church  
110 Maynard Road  
Meets in Room C018 (basement)  
Email [carynaranon@gmail.com](mailto:carynaranon@gmail.com) for meeting info

#### Charlotte

\***Saturday** 6PM – meets online  
Email [gwriter492@aol.com](mailto:gwriter492@aol.com) or  
[eleniss@bellsouth.net](mailto:eleniss@bellsouth.net) for meeting info

#### Davidson – meets in person

**Wednesday** 7:30PM  
Ada Jenkins Center  
212 Gamble Street - old cafeteria below main bldg.  
Call Jack 704.929.9722 for meeting info

#### Durham – meets in person and online

\* **Monday** 8PM  
Westminster Presbyterian Church  
3639 Old Chapel Hill Road  
Email [naranondurham@gmail.com](mailto:naranondurham@gmail.com) for meeting access info

#### Elizabeth City – meets in person

**Second and Fourth Monday** 7PM  
Serenity House  
1400 Edgewood Dr.  
Call Cheryl 252.312.7015 or email  
[morgancheryl@hotmail.com](mailto:morgancheryl@hotmail.com) for more info

#### Goldsboro – meets in person

**Last Monday of the month** 6:30PM  
Goldsboro Family YMCA  
1105 Parkway Dr.  
Call Anita 919.223.4059 for more info

#### Greensboro

\***Tuesday** 7:30PM – concurrent online & in person  
In-person: First Friends Fellowship  
2100 W. Friendly Ave., Greensboro, NC  
Newcomers' meeting: 6:45 PM  
On-line: GoToMeeting format  
Newcomers' orientation at 7:15 PM  
Email [newwaynaranon@gmail.com](mailto:newwaynaranon@gmail.com) for more info

#### Wednesday Noon – meets in person

Guilford United Methodist Church  
1205 Fleming Rd, Greensboro, NC  
Email [newdirectionnaranon@gmail.com](mailto:newdirectionnaranon@gmail.com) for info

#### Thursday 7PM – meets in person

Guilford United Methodist Church  
1205 Fleming Rd, Greensboro, NC  
Email [newdirectionnaranon@gmail.com](mailto:newdirectionnaranon@gmail.com) for info

#### High Point – meets in person

**Monday** 7PM  
Forest Hills Presbyterian Church  
836 W. Lexington Avenue  
Email [mnpetticord1@gmail.com](mailto:mnpetticord1@gmail.com) for more info

#### Kill Devil Hills – meets online and in person

\***Thursday** 7PM  
111 W. Carlton Avenue  
Email [hollywest109@gmail.com](mailto:hollywest109@gmail.com) for meeting info

#### Leland – meets in person

**Thursday** 7PM  
Zion United Methodist Church  
6864 Zion Church Rd  
Call Gina 910.540.2915 for more info

#### Lewisville – meets in person

**Monday** 6:30PM  
New Day Community Church  
1111 Lewisville Clemmons Rd  
Call Allison 336.416.3300 for more info

#### Matthews – meets in person

**Tuesday** 7:30PM  
Matthews United Methodist Church  
801 S. Trade St. – Room 209  
Call Janet 980-245-8220 for more info

#### Morehead City – meets in person

**Tuesday** 6:30 PM  
One Harbor Church (office)  
201 North 17<sup>th</sup> Street  
Call 252.222.3888 for more info

#### Otto/Franklin **Starts March 4th**

**Tuesday** 6:30PM – Beginner Meeting first 4 wks  
**Tuesday** 7PM Regular meeting  
Hickory Knoll Methodist Church Fellowship Hall  
86 E Hickory Knoll Rd, Franklin, NC

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**Raleigh**

\***Monday 7PM** – meets online and in person  
First Monday in person, other Mondays online  
101 Donald Ross Road – Alliance Medical Ministry  
Call or text Jean 919.441.2553 for meeting info

**Raleigh (cont'd)**

\***Tuesday 8PM** – meets online and in person  
Raleigh Vineyard Christian Fellowship Church  
6894 Litchford Road

Contact Paul 919.741.1659 for more info  
**Wednesday 7:00 PM** – meets in person  
First Baptist Church (3<sup>rd</sup> floor – Room 318)  
99 N. Salisbury St.  
Text Cindy at 919.986.6399 for more info

**Shelby - meets in person**

**Tuesday 6:30 PM**  
First Baptist Church  
120 North Lafayette Street  
Email [ssbeam54@hotmail.com](mailto:ssbeam54@hotmail.com) for more info

**Thomasville – meets in person**

**Tuesday 7:00 PM**  
The Well – Fellowship Hall  
906 Oaklawn Drive  
Call Amanda 336.883.5987 for more info

**Wilmington – meets in person**

**Tuesday 7:00 PM**  
Masonboro Baptist Church – Youth Activity Center  
1510 Beasley Rd.  
Email [aliciar98@hotmail.com](mailto:aliciar98@hotmail.com) for more info

**Winston-Salem – meets in person**

**Monday 12 Noon**  
Mt. Tabor United Methodist Church  
3543 Robinhood Rd  
Email [lisambonn@comcast.net](mailto:lisambonn@comcast.net) for more info

**Winterville – meets in person**

**Thursday 7:00 PM**  
Covenant Church  
Building B Room 104  
4015 Cory Road  
Email [ramvida@suddenlink.net](mailto:ramvida@suddenlink.net) for more info

**SOUTH CAROLINA**

**Aiken – meets in person**

**Tuesday 6:30PM**  
St. John's United Methodist Church – Cornerstone  
Conference Room  
104 Newberry St. NW  
At door by fountain on Newberry St, call phone  
numbers posted on door so it can be opened.  
Email [aikennaranon@outlook.com](mailto:aikennaranon@outlook.com) for more info

**Greenville – meets in person**

**Saturday 10:30 AM**  
Pelham Road Baptist Church  
1108 Pelham Road  
Call Gloria 864.809.3215 for more info

**Hilton Head – meets online**

\***Tuesday 6:30 PM**  
Text or call Sherry 703.217.0259 for meeting info

**Lugoff – meets in person**

**Tuesday 6:00 PM**  
Lugoff First Baptist Church  
106 Long Town Road  
House next to church, the Serenity House  
For more info email [deenaburr@yahoo.com](mailto:deenaburr@yahoo.com)

**Murrells Inlet**

**Tuesday 7:00 PM**  
Low Country Community Church  
4430 Murrells Inlet Road  
Call/text Wallace 803.445.4003 for more info

**Rock Hill – meets in person**

**Thursday 6:30 PM**  
Northside Baptist Church (In Fellowship Hall  
behind the house next to the church)  
1130 Curtis Street  
Call or text Dawn 803.693.2523 for meeting info

**West Columbia – meets in person and online**

**First and Third Wednesday 5:00 PM**  
Mt Hebron Counseling Service  
3156 Leaphart Road  
Email [1colanaranon@gmail.com](mailto:1colanaranon@gmail.com) for meeting  
access info.

**York – meets in person**

**Thursday 6:30 PM**  
Lifeway Church  
114 South Congress Street  
Call Holly 803.627.3852 for more info

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**CAROLINA NAR-ANON  
North & South Carolina Region  
MEETING SCHEDULE**



**To update meeting info or assistance  
contacting a group, please email**

[naranoncarolinarsc@gmail.com](mailto:naranoncarolinarsc@gmail.com)

Website: <https://carolina-naranon.org/>