

**CNFG RSC Meeting Minutes
3:00PM Sunday, August 4, 2024**

Roll Call

Members Present - Phil (chair), Jean (secretary), Doug (treasurer) Carol (website)

Members Absent- Mike (delegate)

Consent minutes and agenda approval - 07.14, 2024 minutes approved. Current agenda approved.

Announcements- Margaret asked to be removed as a regular member of the RSC due to other commitments. Carol reminded everyone about the Roundtable for Regional Chairs on September 8 and the Inter-regional Communication Roundtable that meets on Oct. 20.

Reports

Treasurer's report - Doug reported that the current balance for the account is \$2,873.49. Expenditures since the last meeting were \$159.90 for Zoom (1 year) and \$418.19 (3 years) for the webpage. No donations received.

Home groups - Jean reported there are 37 total meetings in the region. 25 groups meet in person, 5 groups meet just virtually and 7 meet in-person with a Zoom option.

Website -Carol reported there have been 177 visits to the website in the last 30 days.

Old Business

- 1. October 19 Fall Assembly Update** - Carol reported that she has met with Gina (Leland GSR) and Alicia (Wilmington GSR) about possible workshop topics. Ideas so far include "Nar-Anon...a journey not a destination", "Moving From Denial to Acceptance", "Coping With the Elephant in my Life... Addiction", "Exactly What is A Spiritual Awakening?" Everyone agreed to bring all the topics to the workshop committee for discussion and final choice. Gina and Alicia still looking for a speaker. We may need to follow up with Mike about a speaker couple he mentioned for the last assembly. Everyone agreed Fall assembly should be more interactive, less time on presentations, more time on discussion, more content from the participants. Remind Leland that they have access to \$400 in funds for the assembly. Jean will schedule first Workshop Committee meeting.
- 2. 2025 4th Step Weekend Workshop resources update** - Carol talked at length to Marion (as well as Robert and Stephany) with the Rocky Mountain Region. There is a 4th Step workbook coming out soon. Marion indicated that 4th Step work assumes there is a sponsor...do groups want a 4th step workshop or a sponsorship workshop. There is time for more thinking about this.
- 3. Contact with Region meetings update** - Phil attended the Lewisville meeting...good meeting with several newcomers. He is also visiting Fellowship Hall Treatment Center monthly sharing information about Nar-Anon. Carol plans to attend the Asheville Zoom meeting on August 5th.
- 4. Supporting the struggling Georgia Region** - Mike unavailable to discuss but the October 20 Roundtable referred to above (under announcements) will be an opportunity to receive guidance on this issue.
- 5. Indexing the Serenity Connection Articles** - The newsletter committee indicated in an email to the RSC in June that they had submitted a proposal to the World Services Board for the project. Jean will follow up with the newsletter committee on the status of that proposal.

New Business

None

Next Meeting - Sunday, Sept. 8 2024, 3PM

Minutes submitted by Jean - August 5, 2024