

Carolina Nar-Anon Regional Assembly
2 PM March 16, 2024 Via Zoom and In-Person at
Westminster Presbyterian Church
3639 Old Chapel Hill Rd.
Durham, NC

Business Meeting Minutes

Roll Call

RSC Members Present- Phil B. (chair), Jean H-J. (secretary), Doug H. (treasurer), Carol M, (website committee), Mike L. (delegate)

RSC Members Absent- none

Voting GSRs: Total 7 Deanna C.(Durham Beta Group), Jamie S. (Cary), Janet S. (Greensboro, New Way), Fred S. (Lewisville), Nick V.(New Direction, Greensboro), Melanie M.(Raleigh Monday), Lisa B.(Winston-Salem)

Oct. 21, 2023 Assembly Minutes: Approved.

Current Agenda: Approved.

REPORTS - Written reports were distributed via email prior to the meeting and were briefly summarized during the meeting.

Treasurer Report - Doug submitted a written report dated 02.20.24 that showed an ending balance of \$3,232.58.

Home Groups Report - Jean summarized her written report dated 02.25.24 that listed 36 total groups in the region - 22 of those are in person, 6 are just virtual, and 8 offer a combination of virtual and in person.

Website Report - Carol talked briefly about the website.

Delegate Report - Mike shared a verbal report about the upcoming virtual Interim World Service Conference (IWSC) to be held in April, 2024.

NEW BUSINESS:

1. **Call for nominations and vote for region vice-chair and region alternate delegate** - No names submitted.
2. **Motion and call for vote to approve the three Common Welfare Topics: Service, Financials, and Communication for consideration at the April 2024 Interim World Service Conference** - Motion passed unanimously.
3. **Motion and call for vote that the Carolina Region of Nar-Anon Family Groups amends its 2024 budget to allow for expenditures of up to \$200 for each Spring and Fall Workshop (\$400 per year)** - Motion passed unanimously.
4. **Step Study opportunities for the fellowship** - Carol distributed written information about the virtual Step Study offered by the Cary group on the first and third Tuesday of every month at 8PM and the SOS 12 Step Group offered every Thursday at 8PM. This information was also shared with the online participants.
5. **Updates from the GSRs** - GSRs shared information about their meetings regarding attendance, successes and challenges.

Meeting adjourned - 3:15PM

Minutes submitted by Jean 03.19.24