

NORTH AND SOUTH CAROLINA NAR-ANON FAMILY GROUPS  
MEETING LIST | UPDATED 1/10/2024 | \*INDICATES VIRTUAL/ONLINE MEETING

Find more online meetings across the fellowship open to all members. Visit <https://www.nar-anon.org/virtual-english> to find a day and time that works for you.

**NORTH CAROLINA**

**Apex** – meets in person

**Tuesday** 6:30 – 7PM Chat 7 – 8PM Meeting  
United Church - 820 E. Williams St  
Contact Maureen 919.614.3063

**Asheville**

\***Monday** 7PM – meets online  
Email [ashevillenanaron@gmail.com](mailto:ashevillenanaron@gmail.com)  
Thursday 7PM – meets in person  
Preservation Services  
1316D Patton Ave.  
Email [ashevillenanaron@gmail.com](mailto:ashevillenanaron@gmail.com)

**Belmont** – meets in person

**First and Third Tuesdays** 7PM  
Lutheran Church of the Holy Comforter  
216 North Mail St.  
Contact Danny 704.473.0927 for more info

**Cary** – meets in person and online

\***Thursday** 8PM  
Greenwood Forest Baptist Church  
110 Maynard Road  
Meets in Room C018 (basement)  
Email [carynaron@gmail.com](mailto:carynaron@gmail.com) for meeting info

**Charlotte**

\***Saturday** 6PM – meets online  
Email [gwriter492@aol.com](mailto:gwriter492@aol.com) or  
[eleniss@bellsouth.net](mailto:eleniss@bellsouth.net) for meeting info  
\***Monday** 7PM – meets online  
Email [conniep@skybest.com](mailto:conniep@skybest.com) for meeting info

**Davidson** – meets in person

**Wednesday** 7:30PM  
Ada Jenkins Center  
212 Gamble Street - old cafeteria below main bldg.  
Call Jack 704.929.9722 for meeting info

**Durham** – meets in person and online

\* **Monday** 8PM  
Westminster Presbyterian Church  
3639 Old Chapel Hill Road  
Email [narandurham@gmail.com](mailto:narandurham@gmail.com) for meeting  
access info

**Elizabeth City** – meets in person

**Monday** 7PM  
1400 Edgewood Dr.  
Call Cheryl 252.312.7015 or email  
[morgancheryl@hotmail.com](mailto:morgancheryl@hotmail.com) for more info

**Gastonia** – meets online

\***Tuesday** 6:30PM  
Call or text Dayna 704.575.3260 for meeting info

**Goldsboro** – meets in person

**Last Monday of the month** 6:30PM  
Goldsboro Family YMCA  
1105 Parkway Dr.  
Call Anita 919.223.4059 for more info

**Greensboro**

\***Tuesday** 7:30PM – concurrent online & in person  
In-person: First Friends Fellowship  
2100 W. Friendly Ave., Greensboro, NC  
Newcomers' meeting: 6:45 PM  
On-line: GoToMeeting format  
Newcomers' orientation at 7:15 PM  
Email [newwaynaron@gmail.com](mailto:newwaynaron@gmail.com) for more info

**Greensboro (Cont'd)**

**Thursday** 7PM – meets in person  
1205 Fleming Rd, Greensboro, NC  
Email [newdirectionnaron@gmail.com](mailto:newdirectionnaron@gmail.com) for  
meeting info

**High Point** – meets in person

**Monday** 7PM  
835 W. Lexington  
Email [mnpetticord1@gmail.com](mailto:mnpetticord1@gmail.com) for more info

**Kenansville** – meets in person

**1<sup>st</sup> and 3<sup>rd</sup> Thursday** 7PM  
Kenansville Baptist Church  
114 Routledge Rd  
Contact Christa 910.271.2159

**Kill Devil Hills** – meets online and in person

\***Thursday** 7PM  
111 W. Carlton Avenue  
Email [hollywest109@gmail.com](mailto:hollywest109@gmail.com) for meeting info

**Leland** – meets in person

**Thursday** 7PM  
6864 Zion Church Rd  
Call Gina 910.540.2915 for more info

**Lewisville** – meets in person

**Monday** 6:30PM (please wear a mask)  
New Day Community Church  
1111 Lewisville Clemmons Rd  
Call Allison 336.416.3300

**Matthews** – meets in person

**Tuesday** 7:30PM – Room #209  
Matthews United Methodist Church  
801 S. Trade St.  
Call Janet 980-245-8220 for more info

**Morehead City** – meets in person

**Tuesday** 6:30 PM  
3900 Bridges St.  
Call 252.222.3888 for more info

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**Raleigh**

\***Monday** 7PM – meets online and in person  
First Monday in person, other Mondays online  
101 Donald Ross Road  
Call or text Jean 919-441-2553 for meeting info

\***Tuesday** 8PM – meets online and in person  
Contact Paul 919.741.1659

**Wednesday** 7PM – meets in person  
First Baptist Church (3<sup>rd</sup> floor – Room 318)  
99 Salisbury St.  
Text Cindy at 919-632-4883 for more info

**Shelby** - meets in person

**Tuesday** 6:30 PM  
First Baptist Church  
120 North Lafayette Street  
Email [ssbeam54@hotmail.com](mailto:ssbeam54@hotmail.com) for more info

**Thomasville** – meets in person

**Tuesday** 7PM  
The Well – Fellowship Hall  
906 Oaklawn Drive  
Call Amanda 336.883.5987 for more info

**Wilmington** – meets in person

**Tuesday** 7PM  
1510 Beasley Rd.  
Email [aliciar98@hotmail.com](mailto:aliciar98@hotmail.com) for more info

**Winston-Salem** – meets in person

**Monday** 12 Noon  
3543 Robinhood Rd  
Email [lisabonnaure2@gmail.com](mailto:lisabonnaure2@gmail.com) for more info

**Winterville** – meets online

\***Thursday** 7PM  
Email [missesbrown08@aol.com](mailto:missesbrown08@aol.com) for meeting info

**SOUTH CAROLINA**

**Aiken** – meets online and in person

\***Tuesday** 6:30 – 7:30PM  
John's United Methodist Church – Cornerstone  
Conference Room  
104 Newberry St. NW  
Email [aikennaranon@outlook.com](mailto:aikennaranon@outlook.com) to pre-arrange  
building entry or for the virtual meeting link, enter  
at door by fountain on Newberry Street

**Greenville** – meets in person

**Saturday** 10:30AM  
1108 Pelham Road  
Call Gloria 864.809.3215 for more info

**Hilton Head** – meets online

\***Tuesday** 6:30PM  
Text or call Sherry 703.217.0259 for meeting info

**Lugoff** – meets in person

**Tuesday** 6PM  
Lugoff First Baptist Church  
106 Long Town Road  
House next to church, the Serenity House  
For more info email [deenaburr@yahoo.com](mailto:deenaburr@yahoo.com)

**Murrells Inlet**

**Tuesday** 7PM  
Low Country Community Church  
4403 Murrells Inlet Road  
Email [wallchap@yahoo.com](mailto:wallchap@yahoo.com) for more info

**Rock Hill** – meets in person

**Thursday** 6:30PM  
Northside Baptist Church (In Fellowship Hall  
behind the house next to the church)  
1130 Curtis Street  
Call or text Dawn 803.693.2523 for meeting info

**York** – meets in person

**Thursday** 6:30 – 7:30PM  
Lifeway Church  
114 South Congress Street  
Call Holly 803-627-3852 for more info



Please email  
[naranoncarolinarsc@gmail.com](mailto:naranoncarolinarsc@gmail.com) to  
update meeting info or if you need  
assistance contacting a group

Website: <https://carolina-naranon.org/>