

NORTH AND SOUTH CAROLINA NAR-ANON FAMILY GROUPS
MEETING LIST | UPDATED 9-10-2023 | *INDICATES VIRTUAL/ONLINE MEETING

NORTH CAROLINA

Apex – meets in person

Tuesday 6:30 – 7PM Chat 7 – 8PM Meeting
United Church
820 E. Williams St
Contact Maureen 919.614.3063

Asheville

*Monday 7PM – meets online
Email ashevillenanaron@gmail.com
Thursday 7PM – meets in person
Preservation Services
1316D Patton Ave.
Email ashevillenanaron@gmail.com

Belmont – meets in person

First and Third Tuesdays 7PM
Lutheran Church of the Holy Comforter
216 North Mail St.
Contact Danny 704.473.0927 for more info

Cary – meets in person and online

*Thursday 8PM
Greenwood Forest Baptist Church
110 Maynard Road
Meets in Room C018 (basement)
Email carynaron@gmail.com for meeting info

Charlotte

*Saturday 6PM – meets online
Email gwriter492@aol.com or
eleniss@bellsouth.net for meeting info
*Monday 7PM – meets online
Email conniep@skybest.com for meeting info

Davidson – meets in person

Wednesday 7:30PM
Ada Jenkins Center
212 Gamble Street - old cafeteria below main bldg.
Call Jack 704.929.9722 for meeting info

Durham

* Monday 8PM – meets online
Email naranondurham@gmail.com for more info

Elizabeth City – meets in person

Monday 7PM
1400 Edgewood Dr.
Call Cheryl 252.312.7015 or email
morgancheryl@hotmail.com for more info

Gastonia – meets online

*Tuesday 6:30PM
Call or text Dayna 704.575.3260 for meeting info

Goldsboro – meets in person

Last Monday of the month 6:30PM
Goldsboro Family YMCA
1105 Parkway Dr.
Call Anita 919.223.4059 for more info

Greensboro

*Tuesday 7:30PM – concurrent online & in person
In-person: First Friends Fellowship
2100 W. Friendly Ave., Greensboro, NC
Newcomers' meeting: 6:45 PM
On-line: GoToMeeting format
Newcomers' orientation at 7:15 PM
Email newwaynaron@gmail.com for more info

Thursday 7PM – meets in person

1205 Fleming Rd, Greensboro, NC
Email newdirectionnaron@gmail.com for meeting info

High Point – meets in person

Monday 7PM
835 W. Lexington
Email mnpetticord1@gmail.com for more info

Hope Mills – meets in person

Thursday 5:30PM
Masks and social distancing
Highland Baptist Church
4456 Legion Rd
Email pattersonlunie@gmail.com for more info

Kenansville – meets in person

1st and 3rd Thursday 7PM
Kenansville Baptist Church
114 Routledge Rd
Contact Christa 910.271.2159

Kill Devil Hills – meets online and in person

*Thursday 7PM
111 W. Carlton Avenue
Email hollywest109@gmail.com for meeting info

Leland – meets in person

Thursday 7PM
6864 Zion Church Rd
Call Gina 910.540.2915 for more info

Lewisville – meets in person

Monday 6:30PM (please wear a mask)
New Day Community Church
1111 Lewisville Clemmons Rd
Call Allison 336.416.3300

Matthews – meets in person

Tuesday 7:30PM – Room #209
Matthews United Methodist Church
801 S. Trade St.
Call Janet 980-245-8220 for more info

Morehead City – meets in person

Tuesday 6:30 PM
3900 Bridges St.
Call 252.222.3888 for more info

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Raleigh

***Monday** 7PM – meets online and in person
First Monday in person, other Mondays online
101 Donald Ross Road
Call or text Jean 919-441-2553 for meeting info

***Tuesday** 8PM – meets online and in person
Contact Paul 919.741.1659

Wednesday 7PM – meets in person
First Baptist Church (3rd floor – Room 318)
99 Salisbury St.
Text Cindy at 919-632-4883 for more info

Shelby - meets in person
Tuesday 6:30 PM
First Baptist Church
120 North Lafayette Street
Email ssbeam54@hotmail.com for more info

Thomasville – meets in person
Tuesday 7PM
The Well – Fellowship Hall
906 Oaklawn Drive
Call Amanda 336.883.5987 for more info

Wilmington – meets in person
Tuesday 7PM
1510 Beasley Rd.
Email aliciar98@hotmail.com for more info

Winston-Salem – meets in person
Monday 12 Noon
3543 Robinhood Rd
Email maggiewerkman@gmail.com for more info

Winterville – meets online
*Thursday 7PM
Email missesbrown08@aol.com for meeting info

SOUTH CAROLINA

Aiken – meets online and in person
*Tuesday 6:30 – 7:30PM
John’s United Methodist Church – Cornerstone
Conference Room
104 Newberry St. NW
Email aikennaranon@outlook.com to pre-arrange
building entry or for the virtual meeting link, enter
at door by fountain on Newberry Street

Greenville – meets in person
Saturday 10:30AM
1108 Pelham Road
Call Gloria 864.809.3215 for more info

Fort Mill – meets in person
Meets on 2nd and 4th Tuesday 6PM
Millcrest Park Club House
208 Sedgewick Dr.
Email stacass@msn.com for more info

Hilton Head – meets online
*Tuesday 6:30PM
Text or call Sherry 703.217.0259 for meeting info

Lugoff – meets in person
Tuesday 6PM
Lugoff First Baptist Church
106 Long Town Road
House next to church, the Serenity House
For more info email deenaburr@yahoo.com

Murrells Inlet
Tuesday 7PM
Low Country Community Church
4403 Murrells Inlet Road
Email wallchap@yahoo.com for more info

Myrtle Beach – meets online
* **Sunday** 7PM
***Thursday** 7PM
Email naranonmb@yahoo.com for meeting info

Rock Hill – meets in person
Thursday 6:30PM
Northside Baptist Church (house beside church)
1130 Curtis Street
Call or text Dawn 803.693.2523 for meeting info

VIRGINIA

Danville – meets once a month in person
First Tuesday 6PM
1064 Franklin Turnpike
Entrance is from back parking lot
Contact Debra
email Debramillstucker@icloud.com
Phone number 434-251-1311



Please email
naranoncarolinarsc@gmail.com to
update meeting info or if you need
assistance contacting a group

Website: <https://carolina-naranon.org/>