**NORTH AND SOUTH CAROLINA NAR-ANON FAMILY GROUPS**

**MEETING LIST | UPDATED 7-11-2023 | *INDICATES VIRTUAL/ONLINE MEETING**

**NORTH CAROLINA**

**Apex** – meets in person
Tuesday 6:30 – 7PM Chat 7 – 8PM Meeting
United Church
820 E. Williams St
Contact Maureen 919.614.3063

**Asheville**
*Monday 7PM – meets online
Email ashevillenaranon@gmail.com
Thursday 7PM – meets in person
Preservation Services
1316D Patton Ave.
Email ashevillenaranon@gmail.com

**Belmont** – meets in person
First and Third Tuesdays 7PM
Lutheran Church of the Holy Comforter
216 North Mail St.
Contact Danny 704.473.0927 for more info

**Cary** – meets in person and online
*Thursday 8PM
Greenwood Forest Baptist Church
110 Maynard Road
Meets in Room C018 (basement)
Email carynaranon@gmail.com for meeting info

**Charlotte**
*Saturday 6PM – meets online
Email gwriter492@aol.com or eleniss@bellsouth.net for meeting info
*Monday 7PM – meets online
Email conniep@skybest.com for meeting info

**Davidson** – meets in person
Wednesday 7:30PM
Ada Jenkins Center
212 Gamble Street - old cafeteria below main bldg.
Call Jack 704.929.9722 for meeting info

**Durham**
* Monday 8PM – meets online
   Email naranondurham@gmail.com for more info
**Thursday 5PM – meets in person
   Ebenezer Missionary Baptist Church
   2200 S. Alston Avenue
   Email durhamnfg2@gmail.com for more info

**Elizabeth City** – meets in person
Monday 7PM
1400 Edgewood Dr.
Call Cheryl 252.312.7015 or email morgancheryl@hotmail.com for more info

**Gastonia** – meets online
*Tuesday 6:30PM
Call or text Dayna 704.575.3260 for meeting info

**Goldsboro** – meets in person
Last Monday of the month 6:30PM
Goldsboro Family YMCA
1105 Parkway Dr.
Call Anita 919.223.4059 for more info

**Greensboro**
*Tuesday 7:30PM – concurrent online & in person
   In-person: First Friends Fellowship
   2100 W. Friendly Ave., Greensboro, NC
   Newcomers' meeting: 6:45 PM
   On-line: GoToMeeting format
   Newcomers' orientation at 7:15 PM
   Email newwaynaranon@gmail.com for more info
**Thursday 7PM – meets in person
   1205 Fleming Rd, Greensboro, NC
   Email newdirectionnaranon@gmail.com for meeting info

**High Point** – meets in person
Monday 7PM
835 W. Lexington
Email mnpeticord1@gmail.com for more info

**Hope Mills** – meets in person
Thursday 5:30PM
Masks and social distancing
Highland Baptist Church
4456 Legion Rd
Email pattersonlunie@gmail.com for more info

**Kenansville** – meets in person
1st and 3rd Thursday 7PM
Kenansville Baptist Church
114 Roulledge Rd
Contact Christa 910.271.2159

**Kill Devil Hills** – meets online and in person
*Thursday 7PM
111 W. Carlton Avenue
Email hollywest109@gmail.com for meeting info

**Leland** – meets in person
Thursday 7PM
6864 Zion Church Rd
Call Gina 910.540.2915 for more info

**Lewisville** – meets in person
Monday 6:30PM (please wear a mask)
New Day Community Church
1111 Lewisville Clemmons Rd
Call Allison 336.416.3300

**Matthews** – meets in person
Tuesday 7:30PM – Room #209
Matthews United Methodist Church
801 S. Trade St.
Call Janet 980-245-8220 for more info

**Morehead City** – meets in person
Tuesday 6:30 PM
3900 Bridges St.
Call 252.222.3888 for more info
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SOUTH CAROLINA

**Raleigh** – *Monday* 7PM – meets online and in person
First Monday in person, other Mondays online
101 Donald Ross Road
Call or text Jean 919-441-2553 for meeting info

*Tuesday 8PM – meets online and in person
Contact Paul 919.741.1659

**Wednesday** 7PM – meets in person
First Baptist Church (3rd floor – Room 318)
99 Salisbury St.
Text Cindy at 919-632-4883 for more info

**Shelby** – *meets in person*
Tuesday 6:30 PM
First Baptist Church
120 North Lafayette Street
Email ssbeam54@hotmail.com for more info

**Thomasville** – *meets in person*
Tuesday 7PM
The Well – Fellowship Hall
906 Oaklawn Drive
Call Amanda 336.883.5987 for more info

**Wilmington** – *meets in person*
Tuesday 7PM
1510 Beasley Rd.
Email aliciar98@hotmail or dennisk@uncw.edu for more info

**Winston-Salem** – *meets in person*
Monday 12 Noon
3543 Robinhood Rd
Email maggiewerkman@gmail.com for more info

**Winterville** – *meets online*
*Thursday 7PM*
Email missesbrown08@aol.com for meeting info

**Aiken** – *meets online and in person*
*Tuesday 6:30 – 7:30PM*
John’s United Methodist Church – Cornerstone Conference Room
104 Newberry St. NW
Email aikennaranon@outlook.com to pre-arrange building entry or for the virtual meeting link, enter at door by fountain on Newberry Street

**Greenville** – *meets in person*
Saturday 10:30AM
1108 Pelham Road
Call Gloria 864.809.3215 for more info

**Fort Mill** – *meets in person*
Meets on 2nd and 4th Tuesday 6PM
Millcrest Park Club House
208 Sedgwick Dr.
Email stacass@msn.com for more info

**Hilton Head** – *meets online*
*Tuesday 6:30PM*
Text or call Sherry 703.217.0259 for meeting info

**Murrells Inlet**
Tuesday 7PM
Low Country Community Church
4403 Murrells Inlet Road
Email wallchap@yahoo.com for more info

**Myrtle Beach** – *meets online*
*Sunday 7PM*
*Thursday 7PM*
Email naranonmb@yahoo.com for meeting info

**Rock Hill** – *meets in person*
Thursday 6:30PM
Northside Baptist Church (house beside church)
1130 Curtis Street
Call or text Dawn 803.693.2523 for meeting info

VIRGINIA

**Danville** – *meets once a month in person*
First Tuesday 6PM
1064 Franklin Turnpike
Entrance is from back parking lot
Contact Debra
email Debramillstuicker@icloud.com
Phone number 434-251-1311

Please email naranoncarolinarsc@gmail.com to update meeting info or if you need assistance making contact with a group

Website: https://carolina-naranon.org/
Email: carolinanaranonrsc@gmail.com