

NORTH AND SOUTH CAROLINA NAR-ANON FAMILY GROUPS  
MEETING LIST | UPDATED 5-6-2023 | \*INDICATES VIRTUAL/ONLINE MEETING

**NORTH CAROLINA**

**Apex** – meets in person

Tuesday 6:30 – 7PM Chat 7 – 8PM Meeting  
United Church  
820 E. Williams St  
Contact Maureen 919.614.3063

**Asheville**

\*Monday 7PM – meets online  
Email [ashevillenaranon@gmail.com](mailto:ashevillenaranon@gmail.com)  
Thursday 7PM – meets in person  
Preservation Services  
1316D Patton Ave.  
Email [ashevillenaranon@gmail.com](mailto:ashevillenaranon@gmail.com)

**Belmont** – meets in person

First and Third Tuesdays 7PM  
Lutheran Church of the Holy Comforter  
216 North Mail St.  
Contact Danny 704.473.0927 for more info

**Cary** – meets in person and online

\*Thursday 8PM  
Greenwood Forest Baptist Church  
110 Maynard Road  
Meets in Room C018 (basement)  
Email [carynaranon@gmail.com](mailto:carynaranon@gmail.com) for meeting info

**Charlotte**

\***Saturday** 6PM – meets online  
Email [gwriter492@aol.com](mailto:gwriter492@aol.com) or  
[eleniss@bellsouth.net](mailto:eleniss@bellsouth.net) for meeting info

\***Monday** 7PM – meets online

Email [conniep@skybest.com](mailto:conniep@skybest.com) for meeting info

**Davidson** – meets in person

Wednesday 7:30PM  
Ada Jenkins Center  
212 Gamble Street - old cafeteria below main bldg.  
Call Jack 704.929.9722 for meeting info

**Durham**

\* **Monday 8PM** – meets online  
Email [naranondurham@gmail.com](mailto:naranondurham@gmail.com) for more info

**Thursday 5PM** – meets in person

Ebenezer Missionary Baptist Church  
2200 S. Alston Avenue  
Email [durhamnfg2@gmail.com](mailto:durhamnfg2@gmail.com) for more info

**Elizabeth City** – meets in person

Monday 7PM  
1400 Edgewood Dr.  
Call Cheryl 252.312.7015 or email  
[morgancheryl@hotmail.com](mailto:morgancheryl@hotmail.com) for more info

**Gastonia** – meets online

\*Tuesday 6:30PM  
Call or text Dayna 704.575.3260 for meeting info

**Goldsboro** – meets in person

Last Monday of the month 6:30PM  
Goldsboro Family YMCA  
1105 Parkway Dr.  
Call Anita 919.223.4059 for more info

**Greensboro**

\***Tuesday 7:30PM** – concurrent online & in person  
In-person: First Friends Fellowship  
2100 W. Friendly Ave., Greensboro, NC  
Newcomers' meeting: 6:45 PM  
On-line: GoToMeeting format  
Newcomers' orientation at 7:15 PM  
Email [newwaynaranon@gmail.com](mailto:newwaynaranon@gmail.com) for more info

**Thursday 7PM** – meets in person

1205 Fleming Rd, Greensboro, NC  
Email [newdirectionnaranon@gmail.com](mailto:newdirectionnaranon@gmail.com) for meeting info

**High Point** – meets in person

Monday 7PM  
835 W. Lexington  
Email [mnpetticord1@gmail.com](mailto:mnpetticord1@gmail.com) for more info

**Hope Mills** – meets in person

Thursday 5:30PM  
Masks and social distancing  
Highland Baptist Church  
4456 Legion Rd  
Email [pattersonlunie@gmail.com](mailto:pattersonlunie@gmail.com) for more info

**Kenansville** – meets in person

1<sup>st</sup> and 3rd Thursday 7PM  
Kenansville Baptist Church  
114 Routledge Rd  
Contact Christa 910.271.2159

**Kill Devil Hills** – meets online and in person

\*Thursday 7PM  
111 W. Carlton Avenue  
Email [hollywest109@gmail.com](mailto:hollywest109@gmail.com) for meeting info

**King** – **On hold until further notice**

Email [realmc1958@gmail.com](mailto:realmc1958@gmail.com) for more info

**Leland** – meets in person

Thursday 7PM  
6864 Zion Church Rd  
Call Gina 910.540.2915 for more info

**Lewisville** – meets in person

Monday 6:30PM (please wear a mask)  
New Day Community Church  
1111 Lewisville Clemmons Rd  
Call Allison 336.416.3300

**Matthews** – meets in person

Tuesday 7:30PM – Room #209  
Matthews United Methodist Church  
801 S. Trade St.  
Call Janet 980-245-8220 for more info

**Morehead City** – meets in person

Tuesday 6:30 PM  
3900 Bridges St.  
Call 252.222.3888 for more info

NORTH AND SOUTH CAROLINA NAR-ANON FAMILY GROUPS  
MEETING LIST | UPDATED 5-6-2023 | \*INDICATES VIRTUAL/ONLINE MEETING

**Raleigh**

\***Monday** 7PM – meets online and in person  
First Monday in person, other Mondays online  
101 Donald Ross Road  
Call or text Jean 919-441-2553 for meeting info

\***Tuesday** 7PM – meets online and in person  
Contact Paul 919.741.1659

**Wednesday** 7PM – meets in person  
First Baptist Church (3<sup>rd</sup> floor – Room 318)  
99 Salisbury St.  
Text Cindy at 919-632-4883 for more info

**Shelby** - meets in person

Tuesday 6:30 PM  
First Baptist Church  
120 North Lafayette Street  
Email [sbeam54@hotmail.com](mailto:sbeam54@hotmail.com) for more info

**NORTH CAROLINA (cont'd)**

**Thomasville** – meets in person

Tuesday 7PM  
The Well – Fellowship Hall  
906 Oaklawn Drive  
Call Amanda 336.883.5987 for more info

**Wilmington** – meets in person

Tuesday 7PM  
1510 Beasley Rd.  
Email [aliciar98@hotmail.com](mailto:aliciar98@hotmail.com) or [dennisk@uncw.edu](mailto:dennisk@uncw.edu) for more info

**Winston-Salem** – meets in person

Monday 12 Noon  
3543 Robinhood Rd  
Email [maggiewerkman@gmail.com](mailto:maggiewerkman@gmail.com) for more info

**Winterville** – meets online

\*Thursday 7PM  
Email [missesbrown08@aol.com](mailto:missesbrown08@aol.com) for meeting info

**SOUTH CAROLINA**

**Aiken** – meets online and in person

\*Tuesday 6:30 – 7:30PM  
John's United Methodist Church – Cornerstone  
Conference Room  
104 Newberry St. NW  
Email [aikennaranon@outlook.com](mailto:aikennaranon@outlook.com) to pre-arrange building entry or for the virtual meeting link, enter at door by fountain on Newberry Street

**Greenville** – meets in person

Saturday 10:30AM  
1108 Pelham Road  
Call Gloria 864.809.3215 for more info

**Fort Mill** – meets in person

Meets on 2<sup>nd</sup> and 4<sup>th</sup> Tuesday 6PM  
Millcrest Park Club House  
208 Sedgewick Dr.  
Email [stacass@msn.com](mailto:stacass@msn.com) for more info

**Hilton Head** – meets online

\*Tuesday 6:30PM  
Text or call Sherry 703.217.0259 for meeting info

**Murrells Inlet**

Tuesday 7PM  
Low Country Community Church  
4403 Murrells Inlet Road  
Email [wallchap@yahoo.com](mailto:wallchap@yahoo.com) for more info

**Myrtle Beach** – meets online

\* **Sunday** 7PM  
\***Thursday** 7PM  
Email [naranonmb@yahoo.com](mailto:naranonmb@yahoo.com) for meeting info

**Rock Hill** – meets in person

Thursday 6:30PM  
Northside Baptist Church (house beside church)  
1130 Curtis Street  
Call or text Dawn 803.693.2523 for meeting info

**VIRGINIA**

**Danville** – meets once a month in person

First Tuesday 6PM  
1064 Franklin Turnpike  
Entrance is from back parking lot  
Contact Debra  
email [Debramillstuicker@icloud.com](mailto:Debramillstuicker@icloud.com)  
Phone number 434-251-1311



Please email  
[naranoncarolinarsc@gmail.com](mailto:naranoncarolinarsc@gmail.com) to  
update meeting info or if you need  
assistance making contact with a group

Website: <https://carolina-naranon.org/>  
Email: [carolinanaranonrsc@gmail.com](mailto:carolinanaranonrsc@gmail.com)