

NORTH CAROLINA (cont'd)

Belmont – meets in person

First and Third Tuesdays 7PM
Lutheran Church of the Holy Comforter
216 North Mail St.
Contact Danny 704.473.0927 for more info

Cary – meets in person and online

*Thursday 8PM
Greenwood Forest Baptist Church
110 Maynard Road
Meets in Room C018 (basement)
Email carynaranon@gmail.com for meeting info

Charlotte

***Saturday** 6PM – meets online
Email gwriter492@aol.com or
eleniss@bellsouth.net for meeting info

***Monday** 7PM – meets online
Email conniep@skybest.com for meeting info

Davidson – meets in person

Wednesday 7:30PM
Ada Jenkins Center
212 Gamble Street - old cafeteria below main bldg.
Call Jack 704.929.9722 for meeting info

Durham – meets online

* Monday 8PM
Email naranondurham@gmail.com for more info

Elizabeth City – meets in person

Monday 7PM
1400 Edgewood Dr.
Call Cheryl 252.312.7015 or email
morgancheryl@hotmail.com for more info

Gastonia – meets online and in person

*Monday 6PM
Myers Memorial Church
301 S New Hope Road
Call or text Dayna 704.575.3260 for meeting info

Goldsboro – meets in person

Last Monday of the month 6:30PM
Goldsboro Family YMCA
1105 Parkway Dr.
Call Anita 919.223.4059 for more info

Greensboro

***Tuesday** 7:30PM – meets on line
Email newwaynaranon@gmail.com for meeting info

Thursday 7PM – meets in person
1205 Fleming Rd
Email newdirectionnaranon@gmail.com for meeting info

High Point – meets in person

Monday 7PM
835 W. Lexington
Email mnpetticord1@gmail.com for more info

Hope Mills – meets in person

Thursday 5:30PM
Masks and social distancing
Highland Baptist Church
4456 Legion Rd
Email pattersonlunie@gmail.com for more info

Kenansville – meets in person

1st and 3rd Thursday 7PM
Kenansville Baptist Church
114 Routledge Rd
Contact Christa 910.271.2159

Kill Devil Hills – meets online and in person

*Thursday 7PM
111 W. Carlton Avenue
Email hollywest109@gmail.com for meeting info

King – meets in person

Email realmc1958@gmail.com for more info

Leland – meets in person

Thursday 7PM
6864 Zion Church Rd
Call Gina 910.540.2915 for more info

Lewisville – meets online and in person

*Monday 7:30PM (please wear a mask)
Shallowford Presbyterian Church
1200 Lewisville Clemmons Rd
Call Allison 336.416.3300

Matthews – meets in person

Tuesday 7:30PM – Room #209
Matthews United Methodist Church
801 S. Trade St.
Call Janet 980-245-8220 for more info

Morehead City – meets in person

Tuesday 6:30 PM
3900 Bridges St.
Call 252.222.3888 for more info

New Bern – meets in person

2nd and 4th Tuesday 6PM
First Presbyterian Church
400 New St
Call Karen 252.675.8460 for meeting info

Raleigh

***Monday** 7PM – meets online and in person
First Monday in person, other Mondays online
101 Donald Ross Road
Call or text Jean 919-441-2553 for meeting info

***Tuesday** 7PM – meets online and in person
Contact Paul 919.741.1659

Wednesday 7PM – meets in person
First Baptist Church (3rd floor – Room 318)
99 Salisbury St.
Text Cindy at 919-632-4883 for more info

Shelby - meets in person

Tuesday 6:30 PM
First Baptist Church
120 North Lafayette Street
Email ssbeam54@hotmail.com for more info

NORTH CAROLINA (cont'd)

Thomasville – meets in person

Tuesday 7PM
The Well – Fellowship Hall
906 Oaklawn Drive
Call Amanda 336.883.5987 for more info

Wilmington – meets in person

Tuesday 7PM
1510 Beasley Rd.
Email aliciar98@hotmail.com or dennisk@uncw.edu for more info

Winston-Salem – meets outside, bring chair

Monday 12 Noon
3543 Robinhood Rd
Email maggiewerkman@gmail.com for more info

Winterville – meets online

*Thursday 7PM
Email missesbrown08@aol.com for meeting info

Fort Mill – meets in person

Meets on 2nd and 4th Tuesday 6:30PM
Millcrest Park Club House
208 Sedgewick Dr.
Email stacass@msn.com for more info

Hilton Head – meets online

*Tuesday 6:30PM
Text or call Sherry 703.217.0259 for meeting info

Myrtle Beach – meets online

* Sunday 7PM
*Thursday 7PM
Email naranonmb@yahoo.com for meeting info

Rock Hill – meets in person

Thursday 6:30PM
Northside Baptist Church (house beside church)
1130 Curtis Street
Call or text Dawn 803.693.2523 for meeting info

NORTH AND SOUTH CAROLINA NAR-ANON FAMILY GROUPS



Virtual and in-Person Meetings List

Updated 1.24.23

* Indicates online/virtual meetings

Please email

naranoncarolinarsc@gmail.com if you need to update meeting info or assistance making contact with a group

Website: <https://carolina-naranon.org/>

Email: carolinanaranonrsc@gmail.com

SOUTH CAROLINA

Aiken – meets online and in person

*Tuesday 6:30 – 7:30PM
John's united Methodist Church
104 Newberry St. NW
Call or text Trudy 803.270.5149 for online meeting info and in person door access code

Columbia – meets in person

1st and 3rd Monday 6PM
2512 N. Beltline Blvd.
Email colanaranon@gmail.com for meeting info

Greenville – meets in person

Saturday 10:30AM
1108 Pelham Road
Call Gloria 864.809.3215 for more info

VIRGINIA

Danville – meets once a month in person

First Thursday 6PM
1064 Franklin Turnpike
Entrance is from back parking lot
Contact Debra
email Debramillstuicker@icloud.com
Phone number 434-251-1311

NORTH CAROLINA

Apex – meets in person

Tuesday 6:30 – 7PM Chat 7 – 8PM Meeting
United Church
820 E. Williams St
Contact Maureen 919.614.3063

Asheville

*Monday 7PM – meets online
Email ashevillenaranon@gmail.com
Thursday 7PM – meets in person
Preservation Services
1316D Patton Ave.
Email ashevillenaranon@gmail.com