

**February 18, 2023**

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# CARRYING THE MESSAGE: *Hope and Service Heals*

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**ZOOM MEETING ID: 970 932 0901**

**1 pm PT to 3 pm PT**

**(2 pm-4 pm MT/3 pm-5 pm CT/ 4 pm-6 pm ET)**

***In the spirit of cooperation***

**Speakers:**

**JT (Central California) – Nar-anon**

**Kearra (AL) – Narateen**

**Joe P (Never Alone in Hamilton) – Nar-anon**

**Randy A (WA) - NA**