

## **NORTH CAROLINA (cont'd)**

### **Belmont** – meets in person

Tuesday 7PM  
Lutheran Church of the Holy Comforter  
216 North Mail St.  
Contact Danny 704.473.0927 for more info

### **Cary** – meets in person and online

\*Thursday 8PM  
Greenwood Forest Baptist Church  
110 Maynard Road  
Meets in Room C018 (basement)  
Email [carynaranon@gmail.com](mailto:carynaranon@gmail.com) for meeting info

### **Charlotte**

\*Saturday 6PM – meets online  
Email [gailburke@verizon.net](mailto:gailburke@verizon.net) or [eleniss@bellsouth.net](mailto:eleniss@bellsouth.net) for meeting info  
\*Monday 7PM – meets online  
Email [conniep@skybest.com](mailto:conniep@skybest.com) for meeting info

### **Davidson** – meets online and in person

\*Wednesday 7:30PM  
Ada Jenkins Center  
212 Gamble Street - old cafeteria below main bldg.  
Call Jack 704.929.9722 for meeting info

### **Durham** – meets online

\* Monday 8PM  
Email [naranondurham@gmail.com](mailto:naranondurham@gmail.com) for more info

### **Elizabeth City** – meets in person

Monday 7PM  
1400 Edgewood Dr.  
Call Cheryl 252.312.7015 or email [morgancheryl@hotmail.com](mailto:morgancheryl@hotmail.com) for more info

### **Fayetteville** – meets online

\*Last Wednesday of the month 6PM  
Call Joann 910.391.5960 for more info

### **Gastonia** – meets online and in person

\*Monday 6PM  
Myers Memorial Church  
301 S New Hope Road  
Call or text Dayna 704.575.3260 for meeting info

### **Goldsboro** – meets in person

Last Monday of the month 6:30PM  
Goldsboro Family YMCA  
1105 Parkway Dr.  
Call Anita 919.223.4059 for more info

### **Greensboro**

\*Tuesday 7:30PM – meets on line  
Email [newwaynaranon@gmail.com](mailto:newwaynaranon@gmail.com) for meeting info  
\*Thursday 7PM – meets online and in person  
1205 Fleming Rd  
Email [newdirectionnaranon@gmail.com](mailto:newdirectionnaranon@gmail.com) for meeting info

### **High Point** – meets in person

Monday 7PM  
835 W. Lexington  
Email [mnpetticord1@gmail.com](mailto:mnpetticord1@gmail.com) for more info

### **Hope Mills** – meets in person

Thursday 5:30PM  
Masks and social distancing  
Highland Baptist Church  
4456 Legion Rd  
Email [pattersonlunie@gmail.com](mailto:pattersonlunie@gmail.com) for more info

### **Kill Devil Hills** – meets online and in person

\*Thursday 7PM  
111 W. Carlton Avenue  
Email [hollywest109@gmail.com](mailto:hollywest109@gmail.com) for meeting info

### **King** – meets in person outside

Tuesday 6PM  
Email [realmc1958@gmail.com](mailto:realmc1958@gmail.com) for location info

### **Leland** – meets in person

Thursday 7PM  
6864 Zion Church Rd  
Call Gina 910.540.2915 for more info

### **Lewisville** – meets online and in person

\*Monday 7:30PM (please wear a mask)  
Shallowford Presbyterian Church  
1200 Lewisville Clemmons Rd  
Call Allison 336.416.3300

### **Marion** – meets in person

Monday 6PM  
Calvary Missionary Baptist Church  
4548 US-221  
Contact Crystal 828.442.6726 for more info

### **Matthews** – meets in person

Tuesday 8PM  
Matthews United Methodist Church  
801 S. Trade St.  
Call Chris 704.604.5060 for more info

### **Morehead City** – meets in person

Tuesday 6:30 -\*PM  
3900 Bridges St.  
Call 252.222.3888 for more info

### **Nashville** – meets in person

Tuesday 7PM  
Nashville United Methodist Church  
209 E. Washington St  
Contact Paul 252.314.1809

### **New Bern** – meets in person

2<sup>nd</sup> and 4<sup>th</sup> Tuesday 6PM  
St. Paul's Catholic Church – Family Life Center  
3005 Country Club Road  
Call Karen 252.675.8460 for meeting info

### **Raleigh**

\*Monday 7PM – meets online and in person  
First Monday in person, other Mondays online  
101 Donald Ross Road  
Call or text Jean 919-441-2883 for meeting info  
\*Tuesday 7PM – meets online  
Contact Paul 919.741.1659  
Wednesday 7PM – meets in person  
First Baptist Church (ring intercom at parking lot door)  
99 Salisbury St. 3<sup>rd</sup> Floor  
Call or text Meady 919.632.4877 for more info

## NORTH CAROLINA (cont'd)

### Raleigh (cont'd)

\*Friday 7PM – meets online

Email [seshlovinganaddict@gmail.com](mailto:seshlovinganaddict@gmail.com) for info

\*Saturday 8PM – meets online

Loving An Addict: Life After Loss

Contact [stilllovinganaddict@gmail.com](mailto:stilllovinganaddict@gmail.com)

### Swansboro – meets in person- **paused until June**

Thursday 7PM

665 W. Corbett Ave.

Call Ken 910.548.3993 for more info

### Thomasville – meets in person

Tuesday 7PM

The Well – Fellowship Hall

906 Oaklawn Drive

Call Amanda 336.883.5987 for more info

### Wilmington – meets in person

Tuesday 7PM

1510 Beasley Rd.

Email [aliciar98@hotmail.com](mailto:aliciar98@hotmail.com) or [dennisk@uncw.edu](mailto:dennisk@uncw.edu) for more info

### Winston-Salem – meets outside, bring chair

Monday 12 Noon

3543 Robinhood Rd

Email [maggiwerkman@gmail.com](mailto:maggiwerkman@gmail.com) for more info

### Winterville – meets online

\*Thursday 7PM

Email [missesbrown08@aol.com](mailto:missesbrown08@aol.com) for meeting info

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## SOUTH CAROLINA

### Aiken – meets online and in person

\*Tuesday 6:30 – 7:30PM

John's united Methodist Church

104 Newberry St. NW

Call or text Trudy 803.270.5149 for online meeting info and in person door access code

### Columbia – meets in person

1<sup>st</sup> and 3<sup>rd</sup> Monday 6PM

2512 N. Beltline Blvd.

Email [colanaranon@gmail.com](mailto:colanaranon@gmail.com) for meeting info

### Greenville – meets in person

Saturday 10:30AM

1108 Pelham Road

Call Gloria 864.809.3215 for more info

### Fort Mill – meets in person

Tuesday 6:30PM

Millcrest Park Club House

208 Sedgewick Dr.

Email [stacass@msn.com](mailto:stacass@msn.com) for more info

### Hilton Head – meets online

\*Tuesday 6:30PM

Text or call Sherry 703.217.0259 for meeting info

### Myrtle Beach – meets online

\* Sunday 7PM

\*Thursday 7PM

Email [naranonmb@yahoo.com](mailto:naranonmb@yahoo.com) for meeting info

### Rock Hill – meets in person

Thursday 6:30PM

Northside Baptist Church (house beside church)

1130 Curtis Street

Call or text Dawn 803.693.2523 for meeting info

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## VIRGINIA

### Danville – meets in person – **paused until 8/4/22**

Thursday 6PM – mask and social distancing

1064 Franklin Turnpike

Entrance is from back parking lot

Email [gracenaranon@gmail.com](mailto:gracenaranon@gmail.com) or call

434.713.4404 for more info

## NORTH AND SOUTH CAROLINA NAR-ANON FAMILY GROUPS



### Virtual and in-Person Meetings List

Updated 6.14.22

\* Indicates online/virtual meetings

Please email

[naranoncarolinarsc@gmail.com](mailto:naranoncarolinarsc@gmail.com) if you need to update meeting info or assistance making contact with a group

Website: <https://carolina-naranon.org/>

Email: [carolinanaranonrsc@gmail.com](mailto:carolinanaranonrsc@gmail.com)

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## NORTH CAROLINA

### Apex – meets in person

Tuesday 6:30 – 7PM Chat 7 – 8PM Meeting

United Church

820 E. Williams St

Contact Maureen 919.614.3063

### Asheville

\*Monday 7PM – meets online

Email [ashevillenanaranon@gmail.com](mailto:ashevillenanaranon@gmail.com)

Thursday 7PM – meets in person – **starts 6/30/22**

Preservation Services

1316D Patton Ave.

Email [ashevillenanaranon@gmail.com](mailto:ashevillenanaranon@gmail.com)