

## NORTH AND SOUTH CAROLINA NAR-ANON FAMILY GROUPS

Virtual and In-Person Meetings – updated 10.13.21

Please email [naranoncarolinarsc@gmail.com](mailto:naranoncarolinarsc@gmail.com) if you have questions or difficulty making contact with a group.

### NORTH CAROLINA

#### Apex – meets in person

Tuesday 6:30 – 7PM Chat Time  
7 – 8PM Meeting

United Church  
820 E. Williams St  
Contact Maureen 919.614.3063

#### Asheville – meets online

Monday 7 PM  
Email [ashevillenaranon@gmail.com](mailto:ashevillenaranon@gmail.com) for meeting info

#### Belmont – meets in person

Tuesday 7 PM  
Lutheran Church of the Holy Comforter  
216 North Main St.  
Contact Danny 704.473.0927 for more info

#### Cary – meets in person and online

Thursday 8 PM  
Greenwood Forest Baptist Church  
110 Maynard Road  
Meets in Room C018 (basement)  
Email [carynaranon@gmail.com](mailto:carynaranon@gmail.com) for meeting info

#### Charlotte – meets online

Saturday 6 PM  
Email [emlebet@yahoo.com](mailto:emlebet@yahoo.com) or  
[eleniss@bellsouth.net](mailto:eleniss@bellsouth.net) for meeting info

Monday 7 PM – meets online  
Call Michele 704.904.6843

#### Davidson – online and in person

Wednesday 7:30 PM  
Ada Jenkins Center  
212 Gamble Street  
Meet in old cafeteria below main bldg. across from  
basketball court  
Call Jack at 704.929.9722 for meeting info

#### Durham – meets online

Monday 8 PM  
Email [naranondurham@gmail.com](mailto:naranondurham@gmail.com) for meeting info

#### Elizabeth City – meets in person

Monday 7 PM  
1400 Edgewood Dr.  
Call Cheryl 252.312.7051 or email  
[morgancheryl@hotmail.com](mailto:morgancheryl@hotmail.com) for more info

#### Fayetteville – meets in person

Wednesday 6 PM  
560 Wilkes Rd  
Call Joann at 910.426.3709 for more info

#### Gastonia – meets online and in person

Monday 6 PM  
Myers Memorial Church  
301 S. New Hope Road  
Call or text Dayna 704.575.3260 for meeting info

#### Gatesville – meets in person

Thursday 7 PM (1<sup>st</sup> and 3<sup>rd</sup>)  
Gates County Community Center  
Call Jody at 252.562.8394 for info

#### Goldsboro – meets in person

Last Monday of the month 6:30 PM  
1105 Parkway Dr.  
Call Anita 919.223.4059 for more info

#### Greensboro – meets online

Tuesday 7:30 PM  
meeting virtually - for information,  
email [newwaynaranon@gmail.com](mailto:newwaynaranon@gmail.com)

Thursday 7 PM – meets online and in-person  
1205 Fleming Rd (face-masks and social  
distancing required)  
Email [hisglory928@yahoo.com](mailto:hisglory928@yahoo.com) for meeting info

#### High Point – meets in person

Monday 7PM  
836 W. Lexington  
Email [mnpetticord1@gmail.com](mailto:mnpetticord1@gmail.com) for more info

#### Hope Mills – meeting in person

Thursday 5:30 PM  
4456 Legion Rd  
Email [pattersonlunie@gmail.com](mailto:pattersonlunie@gmail.com) for more info

#### Kill Devil Hills – meets online and in person

Thursday 7 PM  
111 W. Carlton Avenue  
Email [hollywest109@gmail.com](mailto:hollywest109@gmail.com)  
for meeting info

#### King – meets in person outside

Tuesday 6PM  
Harvest Time Church of God  
312 Newsome Road  
Email [realmc1958@gmail.com](mailto:realmc1958@gmail.com) for more info

#### Leland – meets in person

Thursday 7 PM  
6864 Zion Church Rd  
Call Gina 910.540.2915 for more info

#### Lewisville – meets online

Monday 7:30 PM  
Call Allison 336.416.3300 for meeting info

#### Matthews – meets in person

Tuesday 8 PM  
Matthews United Methodist Church  
801 S. Trade Street  
Call Chris 704.604.5060 for meeting info

#### Morehead City – meets in person

Tuesday 6:30 – 8 PM  
3900 Bridges St.  
Contact 252.222.3888 for more info

## NORTH CAROLINA (cont'd)

### New Bern – meets in person

2<sup>nd</sup> & 4<sup>th</sup> Tuesday 6 PM

St. Paul's Catholic Church – Family Life Center

3005 Country Club Road

Call Karen 252.675.8460 for meeting info

### Raleigh

Monday 7 PM – meets online

Call or text Jean 919.441.2553 for meeting info

Wednesday 7:30 PM – meets in person

First Baptist Church

99 Salisbury St 3<sup>rd</sup> Floor

Ring intercom button at parking lot doors

Tuesday 8 PM – meets online

6894 Litchford Rd.

Email Paul [paul.f.cox.06@gmail.com](mailto:paul.f.cox.06@gmail.com) for more info

Friday 7 PM – meets online

Email [seshlovinganaddict@gmail.com](mailto:seshlovinganaddict@gmail.com) for meeting info

### Swansboro – meets in person

Thursday 7 PM

665 W. Corbett Avenue

Call Ken 910.548.3993 for more info

### Thomasville – meets in person

Friday 7 PM

The Well – Fellowship Hall

906 Oaklawn Drive

Call Amanda 336-883-5987 for more info

### Wilmington – meets in person

Tuesday 7 PM

1510 Beasley Rd

Email [aliciar98@hotmail.com](mailto:aliciar98@hotmail.com), [dennisk@uncw.edu](mailto:dennisk@uncw.edu) for more info

### Winston-Salem - meets outside, bring chair

Monday 12 noon

3543 Robinhood Rd.

Email [maggiewerkman@gmail.com](mailto:maggiewerkman@gmail.com) for more info

### Winterville – meets online

Thursday – 7 PM

Email [missesbrown08@aol.com](mailto:missesbrown08@aol.com) for meeting info

## SOUTH CAROLINA

### Aiken - meets online and in person

Tuesday 6:30-7:30

John's United Methodist Church

104 Newberry St. NW

Call or text Trudy 803.270.5149 for online meeting info and in person door access code

### Columbia – meets in person

Monday 6 PM

2512 N. Bellline Blvd.

Email [colanaranon@gmail.com](mailto:colanaranon@gmail.com) for meeting info

### Greenville – meets in person

Saturday 10:30 AM

1108 Pelham Road

Call Gloria 864.809.3215 for more info

### Hilton Head – meets online

Tuesday 6:30 PM

Text or call Sherry 703.217.0259 for meeting info

### Myrtle Beach - meets online

Sunday 7 PM

Thursday 7 PM

Email [naranonmb@yahoo.com](mailto:naranonmb@yahoo.com) for meeting info

### Rock Hill – meets online

Thursday 6:30 PM

Call or text Dawn 803.693.2523 for meeting info

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## VIRGINIA

### Danville – meets in person

Thursday 6 PM – mask and social distancing

1064 Franklin Turnpike

Entrance is from back parking lot

Email [gracenaranon@gmail.com](mailto:gracenaranon@gmail.com) or contact 434-713-4404 for more info

## NAR-ANON FAMILY GROUPS



### Mission Statement

The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve-step program, we offer our help by sharing our experience, strength and hope.

### Vision Statement

We carry the message of hope throughout the world to those affected by the addiction of someone near to them. We do this by

- Letting them know they are not alone
- Practicing the Twelve Steps of Nar-Anon
- Encouraging growth through service
- Making information available through outreach encompassing public information, hospitals, institutions, and websites, and
- Changing our own attitudes.

Nar-Anon Blue Booklet pg. 2

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## North and South Carolina Region

Website: <https://carolina-naranon.org/>

## Nar-Anon World Services

800.477.6291

23110 Crenshaw Blvd. Suite A  
Torrance, CA 90505

Website: [www.nar-anon.org](http://www.nar-anon.org)